

BUILDING CONNECTIONS

Supporting Community-Based Programs to Address Interpersonal Violence and Child Maltreatment

Annual Update: October 2017 to December 2018



Objective 1

To build awareness, capacity and confidence among CAPC/CPNP/AHSUNC project staff regarding interpersonal violence and/or child maltreatment using trauma-informed and relational approaches.

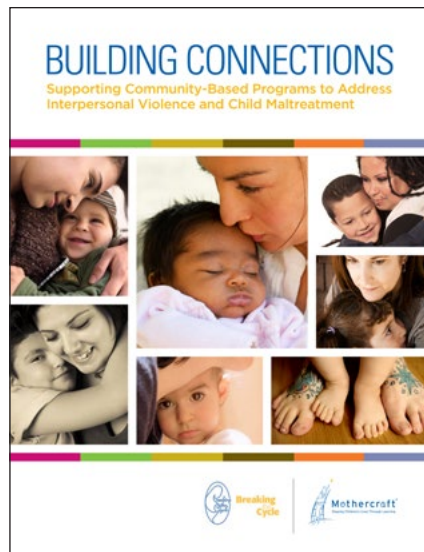
Since the launch of Building Connections in October 2016, over one thousand CAPC/CPNP/AHSUNC project staff across Canada have received trauma-informed training resources on interpersonal violence (IPV) and child maltreatment.

"We were very excited to receive a copy of the Building Connections Manual in the mail today! As an association dedicated to empowering individuals, supporting families, and promoting community health, we feel this literature relates directly to the work we are doing in our communities."

View the training webinar for community-based projects, *Building Connections: Using Trauma-Informed and Relational Approaches to Help Women and Children Experiencing Interpersonal Violence* online!

English

Français



RESOURCE MANUAL

Building Connections: Supporting Community-Based Projects to Address Interpersonal Violence and Child Maltreatment.

2016

Year the Resource Manual was written and produced

1,338

Manuals requested and mailed to CAPC/CPNP/AHSUNC projects and community partners to date

Hard copies of the manuals are available upon request while quantities last. The resource manual is also available for download in English and French at www.mothercraft.org.



NATIONAL TRAINING WEBINAR

Building Connections: Using Trauma-Informed and Relational Approaches to Help Women and Children Experiencing Interpersonal Violence.

The national training webinar was delivered live by Margaret Leslie, Director, Child and Family Services, Mothercraft on October 13, 2016.

286

Live webinar registrants representing CAPC/CPNP/AHSUNC projects in every Canadian province and territory

632

Additional viewers that have since watched the archived version

After watching the national training webinar,

71%

Of viewers reported an increase in awareness

68%

Reported an increase in capability

62%

Reported an increase in confidence to identify and respond to mothers and/or children experiencing family violence or child abuse

Objective 2

To develop a community of practice of certified facilitators to deliver the **Connections** intervention across Canada through CAPC/CPNP/AHSUNC sites.

In 2017, we began the delivery of a Certified Connections Training to a subset of CAPC/CPNP/AHSUNC projects who applied for intensive training to facilitate and evaluate a group intervention called *Connections: A Group Intervention for Mothers and Children Experiencing Violence in Relationships*.

Connections is a manualized intervention that helps mothers think about their past and present experiences with IPV, and how it affects their parenting and their children.

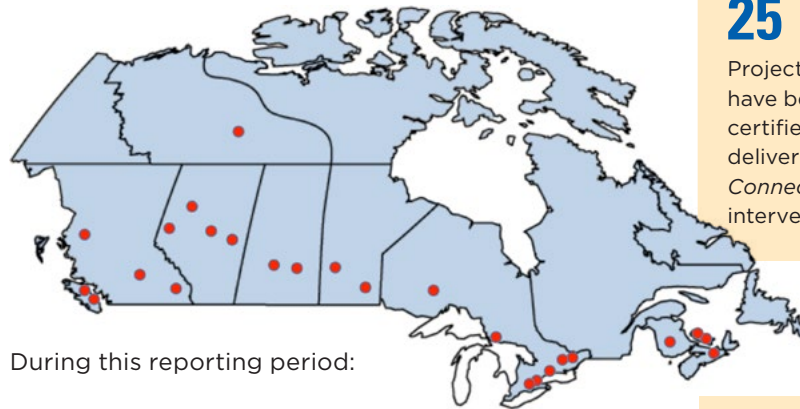
Download the intervention manual *Connections: A Group Intervention for Mothers and Children Experiencing Violence*.

English

Français

For Aboriginal Communities

To view introductory webinars on the *Connections* intervention manual, [click here](#).



25

Project sites have been certified to deliver the *Connections* intervention

During this reporting period:

29

Connections Facilitators certified

21

Facilitators trained on the English Manual

8

Facilitators trained on the Indigenous adaptation of the manual, *Connections for Aboriginal Communities*

54

Total CAPC/CPNP/AHSUNC facilitators certified to date to deliver the *Connections* Intervention

WEEKLY

Frequency that the Community of Practice is offered to support facilitators in the delivery of the intervention



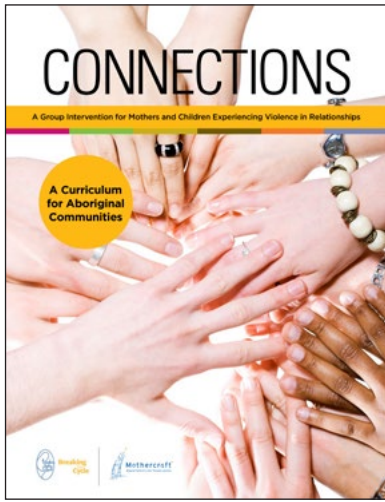
October 24-27, 2017

- CHANCES Family Program (CAPC/CPNP), **Charlottetown, PE**
- Agape House Eastman Crisis Centre (CAPC), **Steinbach, MB**
- Peace River Regional Women's Shelter, Building Better Babies (CPNP), **Peace River, AB**
- Interior Community Services (CAPC/CPNP), Families First, Healthy Beginnings, **Kamloops, BC**
- Mothercraft, Breaking the Cycle (CAPC/CPNP), **Toronto, ON**
- Community Living Dryden-Sioux Lookout (CAPC), **Sioux Lookout, ON**

January 30-February 2, 2018

- Kids West Family Resource Centre (CAPC/CPNP), **Alberton, PEI**
- Tillicum Lelum Aboriginal Friendship Centre (CAPC/CPNP), **Nanaimo, BC**
- Saskatoon Open Door Society (CAPC), **Saskatoon, SK**
- Community Connections Society of Southeast BC, (CAPC/CPNP) **Cranbrook, BC**
- Healthy Families Healthy Futures Society (CPNP), **Westlock, AB**

Objective 2 (cont'd)



In preparation for the certified Connections Indigenous training, we worked in consultation with Shelley Cardinal, National Indigenous Advisor, Respect Education, Canadian Red Cross, as well as our AHSUNC partners to adapt all of our research tools, ensuring their appropriateness and applicability for Indigenous communities. All phases of the research received ethics approval from the Aboriginal Research Ethics Advisory Group and the Human Participants Review Committee at York University.

The training was adapted and co-delivered by Laurie Hermiston (Batchewan First Nation) and Brianna Olson (Wikwemikong Unceded First Nation), with traditional healing practitioner Mary Ann Shoefly.



June 5-8, 2018

- Little Steps Head Start Family Program, Dauphin Friendship Centre (AHSUNC), **Dauphin, MB**
- Mannawanis Native Friendship Centre (AHSUNC), **St. Paul, AB**
- AHS Grande Prairie Friendship Centre (AHSUNC), **Grande Prairie, AB**
- Under One Sky Monoqonuwicik-Neoteetjg Mosigisig Inc. (AHSUNC), **Fredericton, NB**

Objective 3

To deliver the **Connections** intervention in 30 community-based sites across Canada.

From January 2017 - December 31, 2018, the *Connections* intervention was delivered:

36
times

in 19
communities

to 186
women

Objective 4

To evaluate and disseminate the knowledge developed from this initiative broadly and to a wide range of audiences.



Thus far in evaluating the intervention, results have been very promising. We have seen positive change in all domains we are examining. Specifically, we see that women show improvements in their self-esteem, self-efficacy, relationship

capacity, parenting stress, knowledge of community services, and understanding of *Connections* constructs when their self-reports before and after participating in the *Connections* group are compared. We are continuing to collect evaluation data, including questionnaires and follow-up interviews with women. This fall, we had the opportunity to travel to Steinbach, Manitoba and Charlottetown, PEI to conduct in-person focus groups with women who had completed the *Connections* group.

During this reporting period, knowledge translation activities have been undertaken to share our learnings and findings. We have:

1 Published a paper: Zuberi, S., Motz, M., Leslie, M. & Pepler, D.J. (2018, November). Building Connections: Supporting readiness and capacity of community-based projects to deliver a trauma-informed intervention. *Zero to Three*, 39(2), 21-25.

2 Delivered presentations to over 4,000 service providers, researchers, policy-makers and students at conferences, workshops and speaker series in:

- Rome, Italy
- Tempe, Arizona
- St. Catharines, Ontario
- Toronto, Ontario
- Vancouver, BC